East Tennessee State University
Department of Family Medicine

5th in Rural Medicine Training
- U.S. News and World Report
  2012 Best Graduate Schools

- One-of-a-kind Appalachian Preceptorship
- Outstanding Senior Electives
- Three Unique ACGME & AOA Accredited Family Medicine Residencies
- Family Medicine Rural Fellowship

ACGME & AOA Accredited
Area Highlights

The Tri-Cities - Bristol, Johnson City, and Kingsport - are consistently ranked among America’s most livable cities based on their beauty, amenities and low cost of living.

- Highly acclaimed educational systems.
- Home of East Tennessee State University, Quillen College of Medicine and several nationally known private colleges.
- Many of the amenities of a metropolitan area in a small-town setting, including theatre, ballet, symphonies, name-brand shops and national chain restaurants.
- Numerous opportunities for recreational activities, including downhill and cross country skiing, whitewater rafting, fishing, golfing, boating, biking, camping and hunting.
- Family friendly communities.
- No state or local income tax for Tennessee residents.

For more information, call 1-800-833-1186, email: fammed@etsu.edu, or log on to our web site at: http://www.etsu.edu/com/familymed
One-of-a-Kind
Appalachian Preceptorship in Family Medicine

The Appalachian Preceptorship exposes medical students to rural primary care practiced in a manner sensitive to the culture. The summer preceptorship provides an unparalleled rural practice experience, being the only educational experience of its kind in the country. The program combines one week of lectures, practical experience and field trips with three weeks of work with a family physician in a rural community. The preceptorship is available for credit as a required ambulatory or primary care rotation, or as a senior elective. The program is appropriate as a work-study program for pre-clinical students wishing to use their summer vacation for continued medical learning.

Didactic Week: July 12-21, 2013

The didactic sessions cover Appalachian history and economics, rural health issues, alternative health systems, as well as interviewing from a cultural and personal perspective using a patient-centered model. The week begins the second Friday after the Fourth of July and concludes the following Saturday.

Recreational activities are planned based on the interest of the group, such as whitewater...
rafting, hiking, backpacking, boating and fishing, volleyball and trips to area attractions.

**Three-Week Preceptorship**

Placement with an experienced rural physician-preceptor in a rural Appalachian community is for students to experience excellence in patient care and community relationships. Students will spend the majority of their time seeing patients and reviewing cases with their preceptor and will participate in a patient or community outreach project two or three half-days per week. Projects are based on student interest and community needs.

Preceptorship locations have included sites in Tennessee, Virginia and North Carolina.

**Logistics**

- **Lodging:** Lodging will be arranged on campus during the didactic week and with the preceptor or in the preceptorship community at a modest cost.
- **Transportation:** A personal vehicle is required.
- **Stipend:** Based on grant funding.
- **Course Director:** Reid Blackwelder, M.D., blackwel@etsu.edu
- **Course Coordinator:** Carolyn Sliger, (423) 439-6737, E-mail: sliger@etsu.edu
- **Deadline for application to be received:** March 15, 2013

*Register online at:* [http://www.etsu.edu/com/familymed/rural/medical/preceptorship.aspx](http://www.etsu.edu/com/familymed/rural/medical/preceptorship.aspx) under Rural Programs Division, Appalachian Preceptorship Application
Residency Experience Electives

Students can choose to do rotations on both inpatient and outpatient care in any of the three ETSU Family Medicine clinics, located in Bristol, Johnson City, and Kingsport. This experience will provide in-depth exposure to the depth of family medicine, resulting in an increased understanding of how family physicians are a key component of the Patient-Centered Medical Home. These experiences can be adjusted to meet individual goals for some students, such as osteopathic medicine, sports medicine, and patient-centered interviewing.

In addition, there are a series of electives through the Department of Family Medicine. These include the following:

- Advanced Family Medicine Procedures elective in Athens, Tennessee
- Elder Care in the Changing World elective provided by an experienced faculty member at the Johnson City residency program
- Senior Rural Family Medicine
  - Students spend four weeks with a physician practicing in a rural Appalachian community and are exposed to rural primary care practice in a manner sensitive to the culture and nuances of their community. Clinical and community involvement will vary based on the location, the interest of the student, and the individual characteristics of the practice. All students will be involved in direct patient care with increased responsibilities appropriate for senior students.
  - There are several locations for these experiences including Mountain City, Tennessee, Cocke/Hamblen counties with an emphasis on Hispanic health.
  - Search (Student Experiences and Rotations in Community Health). These experiences vary depending on the state placement and are identified on the NHSC.HRSA.gov website.
  - Johnson City Community Health Center – an elective at a federally qualified health center that provides interprofessional clinical experience.
• Rural ER Experiences, focusing on emergency medicine
• Rogersville
• Sevierville
• Livingston
• Elizabethton
• Erwin

As you can see, we have a number of exciting as well as innovative opportunities for senior medical students in our department.

Research in Family Medicine

Students learn to phrase a research question, develop an appropriate research design, develop and implement an appropriate data collection process, analyze data, interpret results, and organize findings in an importable format. Readings encompass both research methods and the student’s area of research interest within family medicine.

Prerequisites: A capacity for organized curiosity.
Course Duration: Monthly for two to eight weeks, depending on the nature of the research project.
Course Coordinator: Ivy Click, (423) 439-6741

Appalachian Research Network (AppNET)

Established in 2009 by the ETSU Department of Family Medicine, the Appalachian Research Network (AppNET) is a collaborative network of academic researchers and community-based health care practitioners, most of whom serve as part-time faculty with the Department. AppNET’s mission is to support rural Appalachian Primary Care Providers in improving quality of practices by increasing their access to new technology and tools, best-evidence information, and relevant education and to utilize and nurture the network members for conducting practice-based research focused on Southern Appalachian Primary Care.

Appalachian Preceptorship in Family Medicine

See full description on pages 1 and 2.
Senior Elective Requirements

1) A completed Application for Clinical Elective. Register online at: http://www.etsu.edu/com/acadaffairs/visiting//default.aspx under “Education; Visiting Students; Policy Information and Forms.”

2) A letter of recommendation from a faculty member who has supervised you on the required clerkship most closely related to the elective requested.

3) A one-page description of your interest in the specific elective, including any unique personal needs (financial, religious, housing, etc.), hobbies and other interests.

4) Any additional forms (i.e., evaluation form) your school may require.

How To Apply

1) Register online at: http://www.etsu.edu/com/acadaffairs/visiting//default.aspx under “Education; Visiting Students; Policy Information and Forms.”

2) Send any additional forms your school may require (i.e., evaluation form).

3) Contact the Office of Academic Affairs, Cathy Peeples Medical Education Coordinator, for further assistance at (423) 439-6311.
Personal Benefits and Salaries

Stipends: (2012-2013)

- 1st year resident $46,742.00
- 2nd year resident $48,137.00
- 3rd year resident $49,860.00
- Fellowship year $51,766.00

Insurance Package:

- Health: Single or Family Coverage.
- Premiums shared by the university and the resident.
- Life: Basic life of $50,000 available for the resident only.
- Disability: Monthly benefits of $1000 after 90 days of disability for resident only.

Leave:

- 15 days of annual leave per year
- 12 sick days per year, accrued monthly
- Sick Leave Bank
- 5 days of educational leave per year
- 5 days of administrative leave

Additional Benefits:

- Residents receive approximately $500/year educational fund. PGY-Is are expected to purchase a PDA from this fund if they don’t have one that is compatible with the required software.
- AAFP and TAFF paid membership
- Funding to attend one TAFP Conference
- AOA-approved online osteopathic lectures
- ACLS training for interns
- Moonlighting permitted for 2nd and 3rd year U.S. residents within departmental guidelines
- Two monogrammed lab coats
- On-call meals
- Free parking at each hospital
- Credit Union membership available
- AOA Residency residents are partially supported to attend one AOA conference.
- ACLS, PALS, NRP and STABLE are provided to incoming residents as part of orientation.

Vital Statistics:

- Size: Bristol 8-8-8
  Johnson City 6-6-6
  Kingsport 6-6-6
- Medical School Affiliation: Each program’s full-time faculty are salaried M.D. or D.O. faculty of East Tennessee State University Quillen College of Medicine
- ACGME & AOA Accredited Family Medicine Residency Programs
  AOA-approved residency
- OPTI Affiliation: Appalachian Osteopathic Postgraduate Training Institute Consortium, Inc. (A-OPTIC)
- Research: Supported and encouraged but not required.
- Students: Third-year clerks and senior students rotate with each residency year-round.
Bristol Family Medicine Residency Program

The Bristol Family Medicine Residency Program has a resident complement of 24. There are six family medicine physician faculty, a clinical psychologist and a Pharm.D. who work with residents and students in the clinic. The residents are based at the new Wellmont • Bristol Regional Medical Center, a 348-bed, modern, acute care facility which is a fully accredited, nonprofit institution. It is the only hospital in town and Family Medicine is the only residency based in Bristol. Consequently, the residents experience a wide variety of patient and pathology, and assume considerable responsibility. The training is designed to prepare physicians to practice in a variety of settings, which it has been doing successfully since 1976. A community of 43,000 inhabitants, Bristol is located on the Tennessee-Virginia border nestled between the Blue Ridge Mountains and the Cumberland Plateau. It is home to two colleges, excellent public and private schools, a ballet company, a theater company, and one of the largest city parks in Tennessee.

While visiting Bristol, my wife and I fell in love with the mountains of eastern Tennessee and the people. I was impressed with the cohesiveness of the residents and faculty in the program and the well-rounded training the residents received.

Rob Bishop, M.D.,
Bristol Graduate

~ ACGME training program Match Code Numbers: NRMP #2066120C1 (Johnson City); NRMP #2066120C2 (Bristol); NRMP #2066120C3 (Kingsport)

~ AOA training program #189045 PCSOM/ETSU Quillen COM, Match Code Numbers: #73946 Family Practice-Johnson City; #73981 Family Practice-Bristol; and #73982 Family Practice-Kingsport.
Johnson City Family Medicine Residency Program

Established in 1979, the community-based Johnson City Family Medicine Residency Program has a resident complement of 18. There are six family medicine physician faculty, a clinical psychologist and a Pharm.D. who work with residents and students in the clinic. It is based in a modern, 488-bed regional tertiary referral center and Level 1 Trauma Center – the Johnson City Medical Center. Patients are drawn from the diverse population of the area - from rural farm and mountain folk to corporate executives and university faculty. The goal of our program is to help mold each individual resident into a complete and well-balanced family physician prepared to work in either a rural or urban setting. Our comprehensive curriculum emphasizes prevention and patient education, medical diagnosis, office-based procedures, patient-centered communications and biopsychosocial approaches, therapeutic management, practice management, and physician wellness, and offers residents an opportunity to explore their own interests through electives. Johnson City provides a dynamic and energetic community atmosphere with excellent schools, rich social and cultural activities, and a wide variety of recreational opportunities. Notable among the residency’s strengths are its faculty and staff, the presence of unique and innovative curricular elements, and its proximity to the university campus and the College of Medicine.

In a rural practice like mine, with no full-time specialty coverage, we are often called to manage challenging cases. The broad curriculum at ETSU is well suited for this type of practice and the emphasis on patient-centered communication provided me with skills to succeed in medicine after residency.

Jonah McIntryre, M.D., Johnson City Graduate

~ ACGME training program Match Code Numbers: NRMP #2066120C1 (Johnson City); NRMP #2066120C2 (Bristol); NRMP #2066120C3 (Kingsport)

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Kingsport Family Medicine Residency Program

Established in 1975, ETSU Family Physicians of Kingsport boasts a full-time family physician faculty of eight with a resident complement of 19. We also have a clinical psychologist and a Pharm.D. who work with residents and students in the clinic. There are eight family medicine physician faculty, a clinical psychologist and a Pharm.D. who work with residents and students in the clinic. Its 10,000-square-foot facility is conveniently located next to the host hospital - Wellmont•Holston Valley Hospital and Medical Center. A 540-bed, progressive community hospital, HVHMC offers a birthing center, a level III nursery, cardiac catheterization and surgery, level I designated Trauma Center, and sophisticated diagnostic and intensive care services. The residents are a diverse and cohesive group from all across the country. Wellmont has been twice recognized as one of the top 100 hospitals in the United States. Our practice is the largest family medicine group admitting to the hospital and role-models patient-centered care in the hospital setting. Kingsport provides a complementary blend of metropolitan life in a tucked-away setting. The town has a stable economic base and the school system ranks among the best in the state. Community and civic organizations constantly strive to make Kingsport the “Model City.” The Kingsport program affords an excellent opportunity for personal as well as professional development. We are dedicated to the adequate training of our partners to prepare for private practice. We do so with attention to personal wellness, incorporating a nationally known integrative medicine emphasis, and osteopathic principles and practices.

The faculty and staff at Kingsport are fabulous, supportive and encouraging, but not coddling or overprotective. I feel I received the best possible training for my current practice in a busy community health center.

Amylyn Crawford, M.D., Kingsport Graduate

~ ACGME training program Match Code Numbers: NRMP #2066120C1 (Johnson City); NRMP #2066120C2 (Bristol); NRMP #2066120C3 (Kingsport)
~ AOA training program #189045 PCSOM/ETSU Quillen COM, Match Code Numbers: #73946 Family Practice-Johnson City; #73981 Family Practice-Bristol; and #73982 Family Practice-Kingsport.

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Family Medicine
Rural Fellowship

Within minutes of ETSU, at one of many natural destinations, you can find some of the most beautiful vistas anywhere.

Rural Fellowship: The Rural Fellowship is a PGY-4 (rural practice management) program for residents who desire additional preparation for an extended practice range or to prepare for an academic career in rural medicine. Fellows tailor their experience to their areas of interest. Opportunities include fine needle aspiration, injections, trauma skills, treadmills, rural family practice rotations with and without obstetrics, rural program management, teaching curriculum development, precepting techniques, and research. For further information, visit our website and contact Joe Florence, M.D., Director, florencj@etsu.edu or Carolyn Sliger, Coordinator, (423) 439-6737, sliger@etsu.edu.

Fellowship directors at the clinical sites are:
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Tom Townsend, M.D., townsend@etsu.edu, Bristol;
Pete Bockhorst, M.D., bockhors@etsu.edu, Kingsport.

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Affiliated Hospitals

Wellmont•Bristol Regional Medical Center

Wellmont•Holston Valley Medical Center

Niswonger Children’s Hospital, an affiliate of St. Jude

Johnson City Medical Center

James H. Quillen Veterans Affairs Medical Center

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Why I like being an ETSU Family Medicine Resident!

- Excellent teachers
- Unique integrated care models
- Broad emphasis on patient-centered communication
- Exceptional call schedule
- Nationally recognized practice management program
- Full range of procedures
- Flexibility to prepare for my future practice needs

For more information,
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