Kingsport Family Medicine
Residency Program
Quillen College of Medicine, East Tennessee State University
Our Mission is to provide community-focused medical education and evidence-based, patient centered care; to improve health in rural southern Appalachia, especially among the underserved population; to model compassionate and efficient care using effective communication skills; and to advance scholarly investigation. We lead through excellence, collaboration and innovation.

Kingsport Residency Program Mission Statement

An additional goal of the program is for every trainee to recognize and consider all factors that influence the health of their patients, their wellness, as well as their disease which will include mind, spirit, family and community. We strive to help create a longitudinal partnership with the physician and their patient. We recognize that the physicians’ role is to educate, to promote health, to empower patients to be responsible for their health, and to advocate for our patients in the community and within the healthcare system.

Hyperlinks underlined.

Applications accepted via ERAS -
Kingsport Family Medicine
1204731297
Osteopathic Residency
189045

Contact us

Kingsport Family Medicine Residency
Quillen College of Medicine
East Tennessee State University
ETSU Family Physicians of Kingsport
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What can Kingsport Family Medicine offer you?

Throughout the next three years, residents will be active members of an inter-professional team. Challenging in-patient situations and exposure to a real-world clinic setting allows residents to transition into confident, full-scope, family physicians by graduation.

- Community-Based training
  Our Family Medicine Clinic is supported by East Tennessee State University and Quillen College of Medicine, which houses seven clinical departments. At Kingsport Family Medicine, residents care for patients from admission to discharge at the affiliate hospital – Holston Valley Medical Center.

- Evidence-Based learning
  The Kingsport Family Medicine Residency Program meets all requirements of the Accreditation Council for Graduate Medical Education (ACGME) and the American Osteopathic Association (AOA). Residents actively participate in half-day didactic sessions and have access to online learning tools such as FP Essentials and Core Content. Additionally, the Quillen College of Medicine Human Patient Simulation Lab provides a hands-on learning environment. The Department of Family Medicine Research Division and faculty work one-on-one with residents to produce high-quality scholarly works.

- Patient Centered Medical Home
  ETSU Family Physicians of Kingsport, our clinic is a recognized Patient Centered Medical Home that employs a diverse staff of physicians, patient care specialists, a psychologist, pharmacist and medical social worker to focus treatment on the patient as a whole rather than an illness. Residents learn coordination of care as they establish a diverse panel of patients.

- Frontline of Family Medicine
  The Kingsport Family Medicine Residency Program encourages advocacy. Membership to the American Academy of Family Physicians is provided for all residents, plus support to attend a Tennessee Academy of Family Physicians Meeting.

  An effective curriculum ensures that residents are equally prepared to work in a metropolitan area or a rural and medically underserved community upon graduation.

  Residents are also granted the rewarding responsibility of teaching Quillen College of Medicine students.

- Community Outreach
  In addition to following a well-balanced curriculum, residents establish themselves in the community as practicing physicians. They are also tasked with promoting ETSU Family Physicians of Kingsport and its offerings by participating in a variety of community outreach opportunities –
  - TAR WARS
  - Kingsport Senior Citizens
  - Pre-participation physicals
  - Rural health fairs
  - Underserved experience
  - Community events
Salaries

- PGY-I $ 47,681.00
- PGY-II $ 49,104.00
- PGY-III $ 50,863.00

Tennessee does not have a state income tax.

Benefits

- Health, life, disability and malpractice insurance
- Educational stipend
- Assistance with ABFM Certification exam fee
- 2 Monogrammed lab coats
- On-call meals
- American Academy of Family Medicine membership
- American Osteopathic Association and American College of Osteopathic Family Physicians membership (if applicable)
- Tennessee Credit Union membership available
- Moonlighting permitted for qualified residents
- Free access to ETSU Center for Physical Activity

Leave

Refer to ETSU Department of Graduate Medical Education Resident Handbook for details

- *15 days vacation/annual leave
- *12 days sick leave
- *5 days educational leave
- 5 days administrative leave total

*per academic year July-June; All leave must comply with ABFM Policy and must not exceed 21 days per academic year.
Rotations

- Obstetrics
- Intensive Care Unit
- Gynecology
- Surgery
- Geriatrics
- Pediatrics (inpatient and ambulatory settings)
- Ambulatory
- Dermatology
- Nursery
- Orthopedics/Sports Medicine
- Family Medicine Service
- Emergency Medicine
- Population Health/Community Medicine
- Electives
Explore Kingsport
Work hard and play hard, too!

*Kingsport* is a charming city with a busy downtown and the largest city-owned park in the state – Bays Mountain. About 50,000 residents enjoy its four seasons, beautiful rolling mountains and close proximity to neighboring cities Bristol and Johnson City.

*Kingsport* developed around the Holston River. The waterway’s “Long Island” was the starting point for Daniel Boone’s Wilderness Road expedition through the Appalachian Mountains.

One of the most popular community events is Fun Fest. The weeklong family-friendly festival is celebrated throughout Kingsport and features a hot air balloon rally.

**Outdoors**
- Bays Mountain Park and Planetarium
- Warriors Path State Park
- Greenbelt
- Appalachian Trail
- Daniel Boone Wilderness Trail
- Natural Tunnel State Park
- Patrick Henry Lake
- South Holston Lake
- Appalachian Caverns
- Cherokee National Forest

**Arts & Entertainment**
- Sculpture walk
- Exchange Place
- Fun Fest
- Summer Concert Series
- Symphony of the Mountains
- Kingsport Theatre Guild
- Kingsport Office of Cultural Arts
- Racks by the Tracks Festival
- Carter Family Fold
- Natural History Museum & Fossil Site
- Lamplight Theatre
- Appalachian Fair
- Kingsport Oktoberfest

**Sports & Recreation**
- ETSU sports
- Kingsport Mets
- Cycling
- Disc Golf
- Dog Park
- City parks
- Fishing
- Running
- Golf
- Skiing
- Snowboarding
- Soccer
- Geocaching
- Kayaking
- Aquatics Center
- YMCA

**Did you know?**
Kingsport residents and faculty enjoy great camaraderie in and out of the patient care setting. Retreats are held twice a year, plus culinary nights are scheduled often.
The Kingsport Family Medicine Residency Program partners with Wellmont Health System, a healthcare system serving Northeast Tennessee and Southwest Virginia. This affiliation allows residents to train in a variety of medical environments, including a very active inpatient experience (Family Medicine Service).

Holston Valley Medical Center

- A Wellmont Health System facility
- One of two major providers of health care within the 15-county Northeast Tennessee and Southwest Virginia service area
- Level 1 Trauma Center
- Level III neonatal intensive care unit
- 505 beds
- Accredited by Joint Commission on Health Care Organizations
- A Top 50 Cardiovascular Hospital
- 76,000 ED visits per year
- 18,000 admissions per year
- 1,000 births per year

Kingsport Family Medicine Clinic

The clinic’s close proximity to the Holston Valley Medical Center draws a wide assortment of patients from Kingsport and surrounding rural areas - young families to elderly, from all walks of life.

ETSU Family Physicians of Kingsport has 18 patient rooms, a procedure room and fully-staffed lab. Residents have individual works spaces to access Allscripts electronic health records, plus a lounge.

**Procedural training**
- Casting/splinting
- Colposcopy
- EKG
- Nasolaryngoscopy
- Joint injections
- Skin procedures/biopsies
- Vasectomies
- Circumcisions

**Clinic services**
- Osteopathic manipulative therapy
- Reproductive care
- Ultrasound diagnostics
- Specialty procedural clinics
- Inter-professional chronic disease management clinic
Faculty Physicians and Teaching Staff

Mark Brummel, D.O., Associate Professor, Program Director

Pete Bockhorst, D.O., Associate Professor and Medical Director

Reid Blackwelder, M.D., Professor and Director of Medical Student Education

Erin Harris, M.D., Assistant Professor and Clerkship Director

McKenzie Calhoun, PharmD., Assistant Professor

Beth A. Fox, M.D., Professor and Director of Graduate Medical Education

Paige Gilbert-Green, D.O., Assistant Professor

Connie Hixson, M.D., Associate Professor

Leif Paulsen, M.D., Assistant Professor

Doug Rose, M.D., Associate Professor

Glenda Stockwell, Ph.D., Assistant Professor and Clinical Psychologist

Jesse Gilreath, M.S.W., LCSW, Social Worker